

# HCPS Spring Family Learning Series



Presented by The Family & Educator Resource Center/Department of Family & Community Engagement

## To Register:

Parents/Teachers, please email [tktalbott@henrico.k12.va.us](mailto:tktalbott@henrico.k12.va.us) or call (804) 652-3787 to sign up to attend one (or more) of the spring workshops. Recertification points will be awarded to teachers who attend.

**Tuesday, May 8, 2018 • Varina Public Library • 12:00 -1:30 p.m.**

### SOLs & Your Students

Students in grades 3-12 will take between 2-4 Standards of Learning (SOL) tests a year, depending on their grade level and the courses taken during the year. What can you do to help your child prepare for the SOL assessments? This session will highlight ways parents and families can help and support their children during the testing period.

**Wednesday, May 9, 2018 • Eastern Henrico Recreation Center • 6:00 – 7:30 p.m.**

### SOL Prep

It's that time of year again and we are here to help you to support your child. Come out to hear about ways to support your student, review strategies for success, and learn how to utilize the VA Department of Education website to utilize practice materials/resources and to understand SOL requirements for students in Grades 3-12.

**Tuesday, May 15, 2018 • New Bridge Learning Center • 12:00 - 1:30 p.m.**

### Understanding Dyslexia and Other Reading Problems

Dyslexia literally means difficulty with words. Yet, multiple terms have been used to describe and address dyslexia. Basic facts about dyslexia will be presented and discussed as well as strategies to address the challenges to students and their families and teachers.

**Wednesday, May 16, 2018 • New Bridge Learning Center • 6:00 - 7:30 p.m.**

### Raising a Confident Child- What's Your Parenting Style

Confidence is one of the greatest gifts a parent can instill in their child. A kid who lacks confidence will be reluctant to try new or challenging things because they're afraid of failing or disappointing others. This can end up holding them back...so parents must encourage and support children as they attempt to tackle difficult tasks. Parents want to raise children with a healthy self-esteem and confidence, but how do you avoid creating an inflated ego and feelings of entitlement? What's Your Parenting Style? Parenting style is "the emotional climate in which parents raise their children". Your parenting style can affect everything from how much your child weighs to how he/she feels about himself/herself. Do you believe in lots of discipline or are you more permissive? Find out about the different types of parenting and learn about which will work best for you.

**Tuesday, May 22, 2018 • New Bridge Learning Center • 12:00 – 1:30 p.m.**

### Summer Enrichment Activities

The school bell may stop ringing, but summer is a great time for all kinds of learning opportunities for kids. Explore the multitude of learning and experiential activities for children from preschool to high school aged. We will share difference activities that can be done at home as well as provide information on various camps and summer enrichment events occurring in the Richmond area.

## Training Locations

**Varina Public Library**  
1875 New Market Road  
Henrico, VA 23231  
(804) 501-1980

**New Bridge Learning Center**  
5915 Nine Mile Road  
Henrico, VA 23223  
(804) 652-3738

**Eastern Henrico Recreation Center**  
1440 North Laburnum Avenue  
Henrico, VA 23223  
(804) 652-1450

